

## **CODE OF CONDUCT**

### **STATEMENT**

The following Waterloo School District rules are in accordance with the Illinois High School Association Constitution.

The conduct of participants in athletics in the Waterloo School District, in or out of school, year-round, shall be as: 1) not to reflect discredit upon our schools, and 2) not to create a disruptive influence on the discipline, good order, moral or educational environment in our schools. Any such misconduct violating these principles shall be subject to disciplinary measures.

### **ENFORCEMENT of the CODE of CONDUCT**

The principal shall enforce all rules and regulations as described in the Code of Conduct (hereafter the Code) for athletes. The code will be reinforced by the coach of each sport during the year. Parents\guardians and athletes are required to sign the acknowledge, consent, and disclosure document stating that they understand the Code and the athlete is subject to disciplinary measure should he\she violate the Code.

**THE Code is in effect twelve (12) months a year, grades six through 12 (6-12)**

### **EXPECTED STANDARDS of CONDUCT for ATHLETES**

**\*No player(s) will ever employ illegal tactics to gain an undeserved advantage. All players will devote themselves to being a true sportsman.**

**\*All athletes will obey the specific training and practice rules of their team as given to them by their coach.**

**\*Athletes should not engage in doing negative things. Drinking alcohol, taking controlled drug substances, using tobacco products, using profanity and being disobedient are harmful to athletes and their team.**

**\*Athletes of the teams must pass the required amount of classes each grading period to be eligible to participate in athletics. Athletes should plan their time so that they devote energy to their studies to insure passing grades, which represent their true abilities.**

**\*Athletes should be a positive influence in all they attempt to do. They are to work for the betterment of the Waterloo Schools and set a good example by doing what is expected.**

**\*Officials deserve respect. All must realize that officials do not lose a game or contest.**

**\*Athletes should appreciate that coaches, teachers, and school officials have the best interest of all athletes in mind as they equip, schedule and conduct the athletic program.**

**\*All Waterloo athletes must comply with the standards of our athletic code of conduct and school rules or be subject to disciplinary action or dismissal from a team as determined by the rules, coaching staff, athletic director and/or principal.**

**Important: Waterloo High and Junior High School is not asking athletes to make sacrifices. Sacrifice implies giving up good things. We are asking our athletes to do the opposite. Live clean, think clean and do those things that make them keener, finer and more competent individuals and team members.**

### **APPEALS/HEARING**

**An athlete and his or her parent(s) or guardian has the right to a hearing on any disciplinary action taken against their son/daughter by so notifying the principal in writing within five (5) days after disciplinary action has been taken. The right of appeals is forfeited if this is not requested within this five-day limit.**

**The purpose of the appeal hearing is to inquire into the athlete's alleged violation and to allow the athlete and parent(s) or guardian to present evidence on the student's behalf. The appeal is to determine whether or not the accused student has forfeited his/her privilege to be in athletics. The principal may accept, reduce or revoke the decision for violations, but may not invoke a severe penalty.**

### **RULES of the CODE of CONDUCT**

**Absolutely no use, possession, or association of alcoholic beverages, illegal drugs and look alike drugs, or any form of tobacco can or will be tolerated. Participants must refrain from:**

- 1) Possession, consumption, or purchase of alcohol. Possession is also considered to be present while illegal transportation is taking place.**
- 2) Possession, consumption, or purchase of controlled substances, steroids, look alike drugs or related paraphernalia. Possession is also considered to be present while illegal transportation is taking place.**
- 3) Attending any function where there is illegal consumption of alcohol, use of controlled substances, steroids, or look alike drugs.**

**In the event a student athlete is placed under arrest for a violation of the law, the school may review the arrest and situation leading up to the arrest and take disciplinary action through the athletic code. Also, like previously stated, athletes are subject to random drug and alcohol testing.**

**1st Offense: Suspension from below lists number of athletic contest. Athletic contest are defined as all scheduled games.**

**2nd Offense: Suspension for one(1) calendar year form all athletic teams.**

**3rd Offense: Suspension for the remainder of high school career from all athletic teams.**

**Violations are cumulative from grades nine through 12(9-12) and apply 24 hours a day, 365 days a year, including summer months.**

Baseball/Softball		8 games
Bowling	4 matches	
Basketball	6 games	
Cross Country	4 meets	
Football	2 games	
Golf	4 matches	
Soccer	4 games	
Tennis	4 matches	
Volleyball	4 matches	
Wrestling	4 matches	
Track	4 meets	
Cheerleading (fall)	2 games	
Cheerleading (winter)	4 games	

**If the violation of the Code occurs in the last part of a sport and the violator cannot fulfill the terms of his\her violation in that sport the suspension does carry over until the suspension is fulfilled. This includes their next sport or the same sport the next year. For example, if the suspension is for two football games with only one remaining, the athlete must also miss basketball games until the suspension has been served. If a typically one-sport athlete elects to participate in a new sport in order to serve a suspension, he\she will be required to complete the season in good standing.**

**Athletes will read and sign a form every year agreeing to the above or they cannot participate. This should be done at the first team meeting. These guidelines will start with the 2006-2007 school year. Any athlete who is presently serving a suspension or who has been suspended will also be included in the above. They will not start over or go by the old standards.**

### **AWARDS**

**Awards are an integral part of most activities. They exist to reward, indicate belonging and show commitment to a cause. It is always very important to keep awards in perspective. Too many or inappropriate awards indicate a disregard for the true meaning of sport while too few can indicate a feeling of non-importance. In reality, awards cannot truly show what**

has been gained from competing in athletics...the development of loyalties, commitment to a cause, learning about one's limits and representing one's school community, family and self. No athlete may receive an award in a sport for which he\she is academically ineligible at the completion of the season, under suspension for an athletic violation or otherwise not in good standing. Candidates must complete the season's play in order to receive an award; however, injuries may waive this stipulation.

The following information indicates the general guidelines for awards:

## **DESCRIPTION of AWARDS (High School)**

### **Numerals**

Numerals of the year they graduate are the first award any athlete receives.

### **Certificates**

We give two certificates. First, a certificate of participation, given to those athletes who do not receive a varsity certificate in a particular sport. Second, a varsity certificate, given to the athlete every time they participate in a varsity sport.

### **Monogram**

The first time an athlete earns a varsity award he\she will receive a monogram "W".

This is the only letter they will receive for their four years at Waterloo.

### **Gold Bar**

Every year an athlete earns a varsity award in a particular sport they will receive a gold bar.

### **Gold Insignia**

The first year an athlete earns a varsity award in a particular sport they will receive a gold figure representing that sport.

**1st Example:** An athlete who earns a varsity award in the fall of her freshman year will receive: 1) "W" (the only one they will receive) 2) a varsity certificate 3) a gold bar 4) a gold insignia of that sport 5) numerals

**2nd example:** A senior athlete who has earned a varsity letter in football for three years (one year freshman), basketball for two years (two years JV) and baseball for two years (two years JV) should end up at the end of their senior year with:

1. 5 certificates of participation (1 football, 2 basketball, 2 baseball)

2. 7 varsity certificates (3 football, 2 basketball, 2 baseball)
3. 1 "W"
4. 1 gold football, 1 gold basketball, 1 gold baseball
5. 7 gold bars (3 football, 2 basketball, 2 baseball)

### **Tri-athlete Award**

This certificate is awarded to any athlete who has earned 3 varsity awards in the same year.

### **St. Louis Post Dispatch Scholar –Athlete of the Year**

This award is give to the senior (male or female) who has performed to the highest expectations in both classroom and in athletics. It is desirable that the athlete be in the top 10% of his\her class and participate in more than one sport.

### **Vernie Moffitt Male Athlete of the Year and The Female Athlete of the Year**

The following criteria is to be used in nominating candidates for these awards:

1. The athlete chosen should possess outstanding athletic ability when compared with other athletes competing during the current year.
2. The athlete should have some distinguishing achievement such as selection to All Conference, All Tournament or All State team, chosen most valuable player, elected team captain or established a significant record.
3. The athlete selected should show traits of school citizen cooperation and loyalty, which conform, to the ideals of the people making the selection.
4. It is desirable that the athlete be a senior.
5. It is desirable that the athlete selected has earned a letter in two or more sports.
6. It is desirable that the athlete has earned two or more letters in that sport.
7. It is desirable that the athlete be in the upper 50% of his\her class academically.

The head coaches of all the sports vote for the above awards.

### ***SPORTSMANSHIP MISSION STATEMENT***

Good sportsmanship is the attitude and behavior that exemplifies positive support for the interscholastic programs of IHSA member schools, as well as the individuals who participate in these programs. People involved in any facet of Waterloo interscholastic programs are expected to demonstrate respect for others and display good sportsmanship. Emphasizing and improving sportsmanship of our students, athletes parents and staff is one our highest priorities. Each coach, student and parent has a role and responsibility to model and teach good sportsmanship.

The IHSA has specific guidelines and by-laws for improving sportsmanship and dealing with violations. Please review carefully the following information carefully.

### **Illinois High School Association Sportsmanship by-law 6.011**

**Any player ejected from a contest for unsportsmanshiplike conduct shall be ineligible for the next interscholastic contest at that level of competition and all other interscholastic contests at any level in the interim, in addition to other penalties the IHSA or the school may assess.**

### **Illinois High School Association Sportsmanship By-Law 6.012**

**Any coach ejected from a contest for unsportsmanshiplike conduct shall be ineligible for the next interscholastic contest at that level of competition and all other interscholastic contests at any level in the interim, in addition to other penalties the IHSA or the school may assess.**

### **Illinois High School Association By-Law 2.042**

**IHSA member schools have the responsibility to maintain proper crowd control and enforce principles of good sportsmanship and ethics. Spectators may be asked to leave the premises for failure to comply with these stated guidelines. The IHSA Executive Director shall have the authority to investigate reported incidents of unsportsmanship conduct.**

#### **Behavior Expectations of the Participant**

**\*Accept and understand the seriousness of your responsibility, and the privilege of representing the school and the community.**

**\*Treat opponents the way you would like to be treated, as a guest or friend. Never direct remarks at opponents in a taunting manner.**

**\*Respect the integrity and judgment of game officials. Respect the job and position of the officials and respect them as people. Treating them with dignity and respect, even if you disagree with their judgment, is a fundamental behavioral expectation.**

#### **Behavior Expectations of the Spectators**

**\*Remember that school athletics are learning experiences for students and the programs are part of the educational process.**

**\*A ticket is a privilege to observe the contest, not a license to verbally abuse other people. Positive fan support is an asset.**

**\*Show respect for the opposing players, coaches, and other spectators and officials. Respect their roles even if you disagree with their judgment. Negative comments or the berating of players, coaches and officials are not in keeping with our philosophy or good forms of modeling.**

## **STATEMENT OF PHILOSOPHY OF WATERLOO ATHLETICS**

**Athletics play an important part in the life of the Waterloo School District. Young people learn a great deal from their participation in interscholastic athletics. Lessons in sportsmanship, teamwork, competition and how to win and lose gracefully are an integral part of each team in our athletic program. Athletics plays an important part, too, in helping the individual student develop a healthy self-concept as well as healthy body. Athletic competition adds to our school spirit and helps all students-spectators as well as participants develop pride in their school.**

**We believe that the opportunity for participation in a wide variety of activities is a vital part of the student's educational experiences. Such participation is a privilege that carries with it responsibilities to the school, to the activity, to the student body, to the community and to the student themselves. These experiences contribute to the development of learning skills and emotional patterns that enable the student to make maximum use of his or her education.**

**Waterloo District student activities are considered a supplement to the school's program of education, which strives to provide experiences that will help to develop boys and girls physically, mentally, socially and emotionally.**

### **PROGRAM GOALS**

**The Waterloo School District has the following goals for its interscholastic athletic programs:**

- 1. Emphasize the cultural values, appreciations and skills involved in competition and to promote cooperation and friendships through the medium of competitive athletics.**
- 2. To regulate the quality, quantity and character of competitive experiences to contribute positively to the overall aims and objectives of education.**
- 3. To safeguard the academic environment of students by economizing the time spent in competition by both student and teacher.**
- 4. To work within the constraints of realistic fiscal expectations of the community of Waterloo in achieving these goals.**
- 5. To promote the commitment to responsible education through fulfilling, enriching and self-disciplining experiences.**
- 6. To strive always for playing excellence that will produce winning teams within the bounds of good sportsmanship and mental health of the student athlete.**
- 7. To provide opportunity for a student to experience success in an activity he\she selects.**
- 8. To create a desire to succeed and excel.**
- 9. To practice self-discipline and emotional maturity in learning to make decisions under pressure.**

- 10. To be socially competent and operate within a set of rules, thus gaining a respect for the rights of others.**
- 11. To provide for the students' worthy use of leisure time now and in the future.**